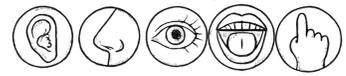


Five senses IMMERSION GUIDE



TOPIC

DATE

NOTICE

SEE

What details stand out? How would you describe the colors?

SMELL

Strong or subtle?
Familiar or surprising?

TOUCH

Texture,
temperature,
weight?

HEAR

Music, sounds, or
words that fit the
mood?

TASTE

Flavor, aftertaste,
or memory?

You don't need all
five senses every
time.

Follow what fits.

WORD GATHERING

Pause here and experience before writing. Then jot down any words, phrases, or thoughts that come to mind. There are no right or wrong answers.

WRITE & REFLECT

- Write one vivid sentence.
- Write a short paragraph that paints a picture for the reader using the senses.
- Write a poem.
- Describe without using common words (pretty, nice, delicious, etc.)



Dress Up
Your Writing

Thank you for downloading this resource!
I hope it makes writing feel like play for your students. ♥



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Questions or feedback? I'd love to hear from you!

✉ hello@dressupyourwriting.com

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★ A Note About Design

Some printables use cursive script in headers... this is intentional! Even brief exposure helps students build visual familiarity with cursive and supports reading development. Many resources also include color for visual appeal, but everything prints clearly in black and white or grayscale if you'd prefer to save ink.