



USE THESE LOW-PREP ACTIVITIES AS DAILY WARM-UPS, TRANSITION-TIME GAMES, OR CREATIVE CONFIDENCE BOOSTERS. GREAT FOR HOMESCHOOL, CO-OP, OR CLASSROOM SETTINGS!



Word Association Chain

Start with a noun, then write the next related noun that pops into your head.

→ sloth → turtle → shell → beach → sand → bucket

Try this twist: Turn your word string into a silly story!

→ "Shelly the turtle lived in a castle on the beach..."



Synonym Sprint

Pick a word and list as many synonyms as you can in 30 seconds.

Try:

- run → race, dash, bolt, zoom
- big → huge, gigantic, massive, enormous



Want a challenge? Use your list to write a sentence or mini-scene!



Five Senses Flash

Choose a word or image. In one minute, jot one detail for each sense.

Prompt: Campfire

- Sight: glowing embers
- Sound: crackling logs
- Smell: smoky pine
- Taste: toasted marshmallows
- Touch: warmth on your face

More prompts: cupcake, thunderstorm, forest, ocean, snowball



Mini Metaphor Match

Pick a word or feeling and write as many metaphors or similes as you can.

Prompt: Excitement

- like a shaken soda can
- like a balloon ready to pop
- like fireflies in your chest

Prompt: A good book

- a friend who never interrupts
- a portal to another world



Three-Word Story Chain

Choose three unrelated words and write a one-sentence story that includes all of them.

Example Set: jellybean, pirate, mirror

→ "The pirate found a jellybean stuck to the back of the treasure chest mirror."

Try these:

- astronaut, pineapple, whisper
- sandwich, violin, snowflake
- ladder, camera, elephant



Category Countdown

Set a timer. Pick a category. Write as many items as you can before time runs out!

Try these:

- Things that fly
- Red things
- Noisy things
- Pets you wish you could have
- Things in your backpack